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Your feedback is welcome.

CONTACT INFORMATION Email—National President at <u>wandalabarre@bellsouth.net</u>

CORRESPONDENCE AND CHANGE OF ADDRESS TO:

PAYMENT AND CHECKS TO

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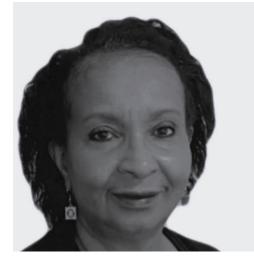
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2022-2024 NATIONAL BOARD MEMBERS

Wanda LaBarre, National PresidentDebra Clayton, Chairman of the BoardAngelo Wider, National Executive Vice PresidentCamille Wider, National Vice President of RetireesIris Bonhart, National Administrative Vice PresidentRicardo Jackson, National TreasurerGloria Davis, National Sergeant-At-ArmsLou Curry, National Corresponding Recording SecretaryBobby Shaw, National Parliamentarian**REGIONAL PRESIDENTS**Central --Gladys JollaEastern --Carl Walton

	5
NortheastHalbert Clark	Prescott Butler
Southern – Josephine Wooley	Frederick Johnson
Western Awanda H. Gaines	Pamela Brooks



Hello A-PLUS Members and Friends,

As the year is winding down, we have made great strides towards increasing our overall membership. We need to explain to any potential new members, that it is their choice if they want to join now, while emphasizing that their membership dues will be due again starting in January.

- Through the end of August 2023, paid membership stands at 915 members vs. 727 members thru SPLY, which equates to a 26% increase.
- Thus far we have 330 new members in 2023 vs. 122 new members thru August 2022, which equates to a 170% increase to SPLY.

One of the most important events hosted by the United Postmasters and Managers of America (UPMA) is their annual national convention, which brings UPMA members from across the country to network, learn and engage with industry leaders and experts. On Wednesday, August 30, 2023, I had the honor of speaking in front of an audience consisting of over 1100 attendees and representing A-PLUS. By providing our history and recognizing A-PLUS members that were present, the National Membership and Recruitment Committee members consisting of Fredrick Johnson, Southern Region Director/Committee Chair and Debra Clayton, Eastern Region Director/Committee Member recruited 16 members with the help of other A-PLUS/UPMA members who were in attendance.

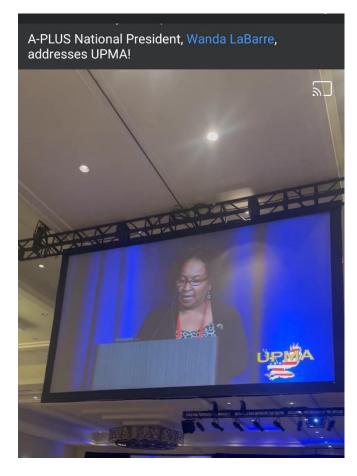
The 37th Annual National Convention will be held in Las Vegas, NV April 22-26, 2024. The convention will start on Tuesday, April 23, 2023. Make your reservations at the Flamingo Hotel and Casino, 3555 S Las Vegas Blvd, Las Vegas, NV 89109. Make your reservations using the website https://book.passkey.com/90/SFAPL4 and use the group code SFAPL4. The hotel has a great room rate of \$79.00 (single or double occupancy), plus a discounted daily resort fee of \$25.00 per room, per night and the current occupancy room tax. The cutoff date to make hotel reservations is Sunday, March 31, 2024. All reservations will require a major credit card to be charged one night in advance, cancellations must be made within 72 hours prior to your scheduled arrival date. The hotel will add a processing fee for all reservations made by phone; there is no processing fee added when making online reservations. The Western Region will be our host, Convention Chairperson Awanda Hampton-Gaines, Co-Chair Pamela Brooks are already working to plan another exceptional event. The 2024 convention theme is: The A-PLUS Experience, The Power of Performance. Please submit your annual leave request early, secure airline tickets early for the best rates and explore all that Las Vegas has to offer by combining your vacation with the convention.

This is an election year for A-PLUS and we have a slate of officers eager and ready to serve as leaders on the National Executive Board for 2024-2026. Please show your support by returning your ballots timely and attending the National Convention to receive the election results.

I am pleased to announce that Dane A. Coleman has been appointed as Vice President, Processing and Maintenance Operations. In this role, Dane will be responsible for overseeing strategic planning and execution of operating plan improvements, complement right-sizing, and processing and maintenance capability for processing facilities across the nation, with a focus on precision, efficiency, and service.

A-PLUS has a firm commitment to community involvement throughout the country. There are many people in the communities we serve and live who are less fortunate. Now that the holidays are fast approaching consider projects that benefit elderly people living in nursing homes like purchasing socks and blankets, volunteering to help cook and serve a meal for individuals and families at a homeless shelter and adopting families and children for the holidays, just to name a few. I extend utmost gratitude and appreciation to the A-PLUS members, sponsors, supporters, and friends. Your loyalty and ongoing support of A-PLUS' MISSION, AIMS and VISION are vital to the organization. As we continue to move forward together, let us strategically plan on building our membership and focus on embracing diversity, equity and inclusion.

Wanda LaBarre A-PLUS National President





AFRICAN AMERICAN POSTAL LEAGUE UNITED FOR SUCCESS NATIONAL NEWSMAGAZINE – Autumn 2023 Hello A-PLUS!



What an exciting time for A-PLUS! The momentum we felt from the National Convention in New Orleans continues to build! Energy and enthusiasm are in the air. A-PLUS is engaged in hosting information tables at Career Awareness Conferences throughout the country where we are signing up new members and reactivating former members at a pace we have not experienced in recent years. This participation has enriched our partnership with USPS and enhanced our ability to share our story and grow our organization. Additionally, A-PLUS was invited to participate in the 2023 United Postmaster and

Managers of America (UPMA) National Convention. Wow! What an awesome experience! A-PLUS appreciates the warm welcome and is thankful for every opportunity to partner with other organizations to build solid, lasting relationships.

In September, the 36th Annual Eastern Regional Conference was held in Greensboro NC. It was an amazing weekend filled with informative sessions and networking opportunities. Many thanks to the Triad Chapter for hosting a stellar event. The conference theme was "Partnerships in Excellence" How brilliant and timely as we approach the end of an incredible year for A-PLUS. During the Conference, A-PLUS was honored to have the participation of more than 20 USPS executives and managers who gave of their time to share the latest information on the Delivering for America Plan as well as inspire the attendees with their personal journey and perspective on career development.

Dane Coleman, VP, Processing Operations Eastern Region, always inspires us and challenges A-PLUS to embrace change. Change happens through people. People must buy-in, believe in the mission and become evangelists for our cause. Mr. Coleman asked for A-PLUS' continued help in developing employees to have the competence and confidence to become effective leaders. He said "A-PLUS Do not minimize what you do".

Greg Gray always finds a way to give A-PLUS exactly what we need, when we need it. In New Orleans he presented us with the 3 Critical Questions: What? So What? Now What". In Greensboro, it was "Wake Me When It's Over! Why so many MEETINGS suck and yours don't have to". He told us that every meeting should be driven by 3 things: Your Constitution & By-Laws, Your Mission Statement, and Your Purpose. But the most important lesson he taught us was "It's not about the personality, it's about the process." Meetings are most effective when you follow the rules and remove personalities from conducting the business.

Finally, we were blessed with a powerful message from Ronald Stroman, USPS Board of Governors, who told A-PLUS to pay attention to Supreme Court decisions and how they can affect us in the workplace. Look at where A-PLUS is today in a historical context and never forget our history. We must dig deeper into the US Postal Service to reach the next generation of employees. He encouraged A-PLUS to get involved in recruiting efforts and meet employees before they are hired to let them know we are here. And, Mr. Stroman reiterated his support of A-PLUS!

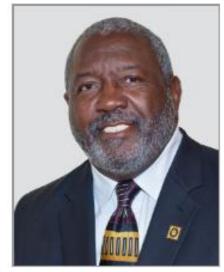
As we enter the holiday season and close out the year, thank you to all our members, sponsors, and friends for helping A-PLUS achieve a very successful year. There is so much work yet to be done, but with the level of enthusiasm and all the wonderful work being done at the Chapter level, 2024 promises to be even greater!

Debra Clayton A-PLUS Chairman of the Board Eastern Region Director "Proud A-PLUS Lifer and member since 1990"

Bobby Shaw

National Parliamentarian

When I was asked to. assume the role as National Parliamentarian, I welcomed the challenge, and I took the role seriously because I was aware of the misinterpretations of our National Constitution. And one of my goals was to correct some of those misinterpretations. Bearing in mind a Constitution that was written by men and women years ago, those are the only individuals that really knew what they meant when the Constitution was written. Now, when



we read the constitution today, we are making an interpretation to the best of one's ability. The Constitution is not there to be cherry picked for one's own self-gratification; the Constitution is there as a guideline to lead the organization.

Parliamentarians, whether national, regional or chapter, your job is to assist the presiding officer in the interpretation of the Constitution and Bylaws of A-PLUS, and the application of the current edition of Robert's Rules of Order Newly Revised.

We have accomplished much during my term as parliamentarian. One of the major things that we have changed in our Constitution and Bylaws is the clear definition of what constitutes a Region and what a Region must consist of to be compliant. This was the first update to the National Constitution and Bylaws implemented since 2012.

The National Board voted and approved a one-time waiver for the nomination and election process, for 2024-2026 Region Officers. For this election cycle only, the membership requirement was modified to be one year instead of two years. Because not all Regions host a Regional Conference, the requirement to have attended two of the last three Regional Conferences was also waived for this one 2024-2026 Regional Officer nomination and election process.

Additionally, my goal was to update all five of the Regions' Constitution and Bylaws. As of this printing, I've received four of the five Regional Constitution and Bylaws. The National Constitution committee and I are working on them now to ensure they do not conflict with the National Constitution and Bylaws. Please reach out to your Regional Parliamentarian to receive the most updated copy.

I encourage all members to become versed in the National, Region and Chapter Constitution and Bylaws. Those along with Robert's Rules of Order Newly Revised provide our written guidelines to A-PLUS operational and procedure compliance, to function in decency and in order and result in continued success.

Camille B. Wider Vice President, of Retirees

KEEPING OUR RETIREES ENGAGED AND CONNECTED

Currently there are approximately 200 retirees in our organization. We are living longer, leading healthier lives, and enjoying more productive years than ever before. We have time, talent, and possess many years of work experience. We constitute a large and diverse pool in terms of expertise and skills, educational background, occupational mix, work experience and gender. A-PLUS Retirees like to stay connected and



engaged and there are many ways our experience and expertise can be utilized. As retirees, we get involved because we want you to succeed!

Here are some ways to continue to utilize us:

- **Mentors**. We have seen it and done it and have likely faced similar challenges. Instead of reinventing the wheel, we can share what worked or didn't work. And our network is multi-layered because we have vast networks that we have built overtime.
- Volunteers. Retirees are oftentimes called "super volunteers because we are usually the most committed and reliable of all volunteers. As retirees we often look for opportunities to assist on an occasional basis, serving at registration tables at Regional Conferences, National Conventions and Career Conferences. We are willing to assist with chapter community and civic activities.
- **Fundraising**. Opportunities to raise funds for scholarships, local community agencies and internal campaigns are plentiful, and retirees welcome the chance to help with these types of fundraising endeavors.
- **Consultants/advisors**. Engage us as expert speakers, facilitators or invite us to serve in committee roles that may require a subject matter expert.
- Living history/oral projects. Record our history! Create living history projects. We are able to tell a story from a unique perspective.

It is a very exciting time for me to serve as Vice President of Retirees. As our organization continues to grow, many retirees are excited and more than willing to stay connected and engaged.

I look forward to personally connecting with everyone at the 2024 A-PLUS National Convention in Las Vegas, Nevada!



those positions.

Hello A-PLUS 2023 members,

As I come to the end of my opportunity to serve as the National Corresponding Recording Secretary, 2022-2024, I thank all those with whom I have interacted in this role. Each experience has been a component of my development and personal journey towards enhanced and needed enlightenment. The varied opinions and behavior to which I have been exposed have demonstrated that we are alike in some behaviors, perspectives, norms, ideologies, etc. We also share some mutual understanding, expectations and goals for A-PLUS and its members. As we continue to welcome and adapt to the A-PLUS, USPS, and societal changes, let us continue to focus on the purpose of A-PLUS. We are in the final quarter of the year and the current National Executive Board structure. There will be a different National Executive Board following the upcoming elections, as three current National Officers are not seeking re-election to

All A-PLUS members must hold the A-PLUS Officers accountable. Let the officers know when we are meeting your expectations and when we are not meeting those expectations.

As an A-PLUS member your 'give' is just as important as your 'receive'. Your 'give' should exponentially surpass your 'receive'. The well must not be depleted; it cannot be allowed to run dry. We have an obligation to nurture and replenish and continue to plant seeds of hope, faith, and strength for generations of A-PLUS members and the organization.

Our information exchange must be a respectful, beneficial, unselfish interaction for it to qualify as communication and be of value and appropriate. The professional decorum must be maintained during every interaction. We must remember, the interview is always on; our behavior impacts the A-PLUS Brand as well as our own brand, whether we are current, former, or never were USPS employees.

Our communication(correspondence) must embrace and exhibit the needed metamorphosis for A-PLUS to be relevant to and reach our members and potential members, as they choose to be contacted. This year our national membership has increased 27% compared to last year and includes 351 new members, as of September. That reality is the result of collective effort for inclusion, progress and positive energy and focused behaviors from many sources. Variety is often touted as the spice of life and the various positive and ethical professional and proactive means by which we reach our goals are all part of what has resulted in the membership increase.

To the chapters and regions hosting training, networking, mentoring, and performing the ongoing tasks that meet the needs of our members and the AIMS, PURPOSE, and MISSION of A-PLUS, you are demonstrating the value of membership to our members and potential members. WELL DONE! And let us continue to move forward.

Lou Curry A-PLUS National Corresponding Recording Secretary apluscorr@gmail.com

AFRICAN AMERICAN POSTAL LEAGUE UNITED FOR SUCCESS NATIONAL NEWSMAGAZINE – Autumn 2023 <u>The Eastern Region Conference: Celebrating Partnerships in Excellence!</u>

GREENSBORO, NC – Dozens of A-PLUS members from throughout the Eastern and Southern Regions descended upon North Carolina September 14-17 to celebrate the 36th year of the Region at its annual conference.

Held at the elegant (but chilly) Greensboro Marriott Downtown Hotel, attendees were welcomed by the Triad Chapter, the Greensborobased unit established in 2007, and greeted by nearly 30 executives and top managers from USPS Headquarters, the Atlantic Area office, and districts, processing facilities and Post Offices from North Carolina to Ohio. Themed, "Partnerships in Excellence," the conference aimed to highlight the importance of creating and developing relationships as part of the career-building process, while celebrating the achievements of the chapters for the current year. Conference chairpersons **Cynthia Coles and Clarence Davis Jr.** activated its committee to cover most of the major tasks needed to make it successful. And the committee's efforts shone brightly!

The conference kicked off Thursday evening with the "Meet and Greet" session with nearly 20 executives and managers conversing with eager members and local prospective members about career opportunities. On Friday morning, the welcome session (highlighted by the color guard from nearby NC A&T University) was followed by the Executive Panel, moderated by Wilmington Chapter member **Brenda Blue.** The panel covered some important issues facing USPS, its future and that of its employees and members of A-PLUS, including the implementation of the Regional Processing and Distribution Centers (RP&DCs) and the Sorting and Delivery Centers (S&DCs).

The panel was followed by the popular Express Roundtable, facilitated by Regional VP Howard Patterson Jr., and featured members' 45-second elevator speeches to an influx of managers. Top performers at this session were **Trina Newell** (Cincinnati/Dayton) and **David Pacileo** (Richmond). The Awards Luncheon followed, and in an elegantly decorated banquet hall (thanks to efforts led by subcommittee chair **Mary Etta Johnson**, who also decorated the Saturday banquet), 100+ attendees heard an entertaining and thought-provoking address by **Dane Coleman**, VP Processing and Distribution Operations, Eastern Region, and a favorite son of A-PLUS. ER President **Carl Walton** followed by recognizing the outstanding achievements of several chapters and members, led by Baltimore Chapter, the Chapter of the Year; it now has 60+ members for 2023 (none in 2022), 13 of whom were promoted and 11 of whom got detail opportunities. A chapter, helmed by President Tikia Felder, worth celebrating!

In addition, Certificates of Excellence were awarded to Kentuckiana, Northern Ohio and Washington Metro Chapters; chairpersons Coles and Davis; and to Treasurer **Alan Lewis**. Special recognition was presented by way of bouquets to the longest-tenured members of the Eastern Region Board, **Debra Clayton, and Jackie Purcell McCaskill**, for their many years of honorable service and dedication to Region leadership.

Next up were dynamic workshops: KSA Writing, facilitated by Northern Ohio Chapter President **Donna Berry** and Ms. Blue; and Communicating Simply and Powerfully, led by **Antonio McCoy**, a co-founding member of Triad Chapter who now runs his own executive and business coaching company. And the highlight for many was the Paint and Sip activity, as about 30 retirees convened to paint, sip, laugh and fellowship for 2+ hours right at the hotel. The day's activities finished up with Spotlight on You, with eight aspiring members presenting to three panelists, a somewhat nervous but ultimately satisfying exercise.

SATURDAY, Sept. 16: The day kicked off with **Greg Gray**, CEO of Renaissance, LTD, another favorite son of A-PLUS. Greg's subject, "Wake Me When It's Over: Why so many meetings suck and yours don't have to," was timely, concise, and as always, well received and highly entertaining. The session was followed by two more dynamic workshops, "Credit Health and Finance" by certified facilitator **Tina Taft**, and USPS Management and Development Programs by **Jeannine Graham and Nikia King**, HQ Talent Management and Diversity, Equity, and Inclusion, respectively. The afternoon ended with the annual Eastern Region Business Meeting, where attendees got the opportunity to nominate officers for the regional board; all members of the Region were mailed letters with information and directions on nominating officers, a period that ends 30 days following the end of the conference – October 17.

The finale of the conference activities was the Awards Banquet, which was highlighted by the presenting of the Eastern Region's highest honor, the Johnny Thomas Heritage Award, named after A-PLUS' most influential founding member. Honoree **Howard Patterson Jr**. has been one of A-PLUS' strongest advocates, champions, and leaders in many capacities since joining in the mid-2000's. Howard himself delivered an emotional acceptance speech, describing how he "fell in love with A-PLUS" in 2005, and continues to carry that love to the present day, as demonstrated by his availability for mentorship, visibility and preparation for conferences and conventions.

Some additional highlights of the banquet: **Ron Stroman**, USPS Board of Governors, was the keynote speaker, and urged A-PLUS to mentor the young employees entering the Postal Service. Afterwards, he donated \$500 to the scholarship fund! ER Scholarship recipients were selected, Silent Auction and 50/50 raffle winners were announced, and **DJ Marcus B. Smooth** ended the evening by getting the dancers and line dancers on their feet and keeping them on the dance floor until the room cleared out! See you next year in Wilmington, DE for the 2024 Eastern Region Conference.































AFRICAN AMERICAN POSTAL LEAGUE UNITED FOR SUCCESS NATIONAL NEWSMAGAZINE – Autumn 2023 Northeast Region Conference Sunday, Oct 8, 2023, Hartford, CT.













APLUS Owning Your Career!

Jeannine Graham ^{Sr. Director Talent Management}

October 8, 2023

















Greetings from the "He Ain't Heavy" Region

2022-2024 Southern Region Executive Board

Josephine Wooley, President Pamela Lowery, Vice President Fredrick Johnson, Director Betty Collins, Secretary Geneva London, Treasurer Patrice Johnson, Parliamentarian Jacqueline Corzealious, Sergeant-at-Arms Barbara Dillard, Vice President of Retirees



2022-2024 Chapter Presidents

James Hill (Atlanta) Brittney Jackson (FL Coastal) James Jones (Houston) Gloria Bilbrew (Mississippi) Celestine Jackson (New Orleans) Brenda Loche (Monroe) Brenda Bell (Montgomery) Antionette Lewis (Nashville) Deener Newberry (Memphis) Sonva Livingston (Tampa)

PILOT YOUR CAREER & TAKE FLIGHT

It has been an honor to serve as President of the Southern Region. Several members have faced many personal, professional, and mental challenges during the year. As we adapt to one pivotal change, we are faced with yet another one. Especially those still in the workforce, it is a constant struggle to prioritize and put first things first when everything is priority.

I would like to thank the Southern Region Executive Board and each President and Chapter Officer for your diligence and commitment in promoting Career Awareness Conferences, Training, Educating, Growing and Servicing our Members while protecting the A-PLUS brand. Your unwavering focus and discipline caused me to reflect and led me to Corinthians 9:26 (NIV) which states: "Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air."

As the Postal Service enters its fiscal year and A-PLUS rapidly approaches the end of the year, think of yourself as the pilot of your career. To arrive at your destination safely and on schedule, you must constantly monitor weather, wind, and any other conditions that may cause turbulence or push you off course. You must stay disciplined and focused. The Blackbox in your cockpit should have the tools that will tell your story and raise you to higher heights. Monitor them consistently, track your progress, pivot, and adjust when necessary. Are you ready to get your career off the ground? Take control of your destiny to be elevated and take flight!

Understanding your goals and the "why" can help you stay motivated and focused on what you want to achieve. Write down your goals and break them down into small, achievable steps. Reset your thought process. Take an honest look at your strengths and a forgiving look at your weaknesses. Develop good habits that will help you to stick to your goals. Achieving your goals requires preparation, purpose in every step, and being ridiculously intentional. Identify the things that distract you from your goals and find ways to eliminate them. This sometimes means unloading people who are baggage. Work on building self-discipline tune out the noise. Self-control is a key component of discipline. Practice saying "no" to things that do not align with your goals. Find a Mentor & Be a Mentor who will hold you accountable. Build Relationships, Partnerships and Friendships. Celebrate the small steps in the process. Be patient with yourself and stay committed even when no one cares. Be reminded that you will lose battles. Let your focus be on winning the war.

Southern Region will not run aimlessly or fight air. We will continue to stay on the flight plan and focus on raising standards and empowering the 400+ members (of which 107 are new), to reach their full personal and professional potential. To embrace change, we will work to develop and strengthen our members. Remember success is a journey not a destination.

Finally, make Family and your Health - Physical, Emotional, and Spiritual, paramount in all of your decisions. Remember to put on your oxygen mask, take a deep breath, push forward until you land the opportunity with your name on it. It is said that it can be lonely at the top, so be sure you help someone else to soar. Wishing you safe travels on your road to success. Happy Holidays and May 2024 be all that you hope it to be for you and your family.



Josephine Wooley **A-PLUS Southern Region President** jwool48@msn.com 404-713-5023 cell

"You can have everything in life you want, if you will just help other people get what they want." -Zig Ziglar

2024 National Officer Candidates:

President: Debra Clayton, Unopposed

Executive Vice President: Brenda Blue, Angelo Wider

Administrative Vice President: Iris Bonhart, Unopposed

Treasurer: Ricardo Jackson, Unopposed

Corresponding Recording Secretary: Desai Abdul-Razzaaq, Unopposed

Parliamentarian: Lou Curry, Jacqueline McCaskill Purcell

Sgt at Arms: Betty Collins, Gloria Davis, Melissa Glover

Vice President, Retirees: Brenda Dupree, Camille Wider

A-PLUS National Constitution

ARTICLE III

Section 1 - Officers

Officers of this organization shall be: President, Executive Vice President, Administrative Vice President, Corresponding Recording Secretary, Treasurer, Parliamentarian, Sergeant-at-Arms, and Vice President of Retirees.

Section 2 - Term

The term of office for all officers, except the Administrative Vice President, shall be two (2) years. The Administrative Vice President shall serve a term of three (3) years.

Section 3 - Election

National Officers shall be elected by a majority vote of the active membership. Election shall follow the procedures prescribed in the National Bylaws.

ARTICLE IV

Section 1 - Organization

The governing body of A-PLUS shall be known as the Board of Directors.

Section 2 - Structure

The organizational structure shall be national board of Directors, Regions, and Chapters.

ARTICLE V

Section 1- National Board of Directors

- A. The Board shall be composed of: President, Executive Vice President, Administrative Vice President, Regional Presidents, Regional Directors, Treasurer, Vice President of Retirees, Corresponding Recording Secretary, Parliamentarian, and Sergeant-at-Arms.
- B. Board membership shall be open to all active members.
- C. The board shall elect its own Chairperson. The Chairperson cannot be President of A-PLUS.

Section 2 - Board Duties and Responsibilities

The Board of Directors shall:

- **A.** Have the power to organize, create and charter chapters; to perform lawful acts necessary to efficiently conduct the business of A-PLUS (National, Regions and Chapters) in accordance with the provisions of this constitution.
- **B.** Have the power to hear and act upon all appeals brought before it by members, chapters or regions. Appeals shall be submitted through successive levels, to the Board of Directors.
- C. Submit for circulation proposed amendments to the Constitution and Bylaws at the National Convention.
- **D.** Have the sole power to dissolve chapters and expel members.
- E. Have the power to conduct business of A-PLUS when the general body is not in session.
- **F.** Control and approve circulation of information nationally/worldwide through USPS, Internet, magazines, radio, TV, or newspapers.

Section 3 - Sessions

The Board shall meet at least three (3) times per year, one of which shall be at the National Convention.

Section 4- Quorum

The majority of the voting Board members shall constitute a quorum.

ARTICLE VIII

Parliamentary Authority

The rules contained in the current edition of <u>Robert's Rules of Order Newly Revised</u> shall govern the proceedings of A-PLUS in all cases to which they are applicable and in which they are not inconsistent with this Constitution and any special rules of order that A-PLUS may adopt.

A-PLUS National Bylaws

Article I- National Officers

Section 1. Elected Officers

- A. National, Regional and Local Officers shall be elected by ballot, mailed through U.S. mail at least 60 days prior to the National Convention. All candidates for National and Regional Office shall be active members. Candidates for Local office may be an active or associate member with the exception of President and Vice President. Installation shall take place at the National Convention.
- B. No member shall run for more than one (1) office during any given election.
- C. No member shall hold more than one (1) office at the same time.
- D. In the event that the Nominating Committee Chairperson reports to the National Board at the end of the entire nominating process in January of the election year that there is an uncontested slate of one candidate for the office of President, Executive Vice President, Administrative Vice President, Treasurer, Corresponding Recording Secretary, Parliamentarian, Sergeant-at-Arms or Vice President Retirees; the Chairperson of the Board will instruct the ballot committee to forego the mailing of ballots with the single candidate for the election.
- E. The Chairperson of the Board will instruct the National Sergeant-at-Arms to make the motion: "I move that the Secretary be instructed to cast the ballot of the members for the candidate for the office of President, Executive Vice President, Administrative Vice President, Treasurer, Corresponding Recording Secretary, Parliamentarian, Sergeant-at-Arms and Vice President-Retirees at the National Business Meeting.
- F. In the event that only some of the positions are contested at the end of the nominating process, only those contested positions will be placed on the ballot and mailed to the membership.

Section 2 - Term in Office

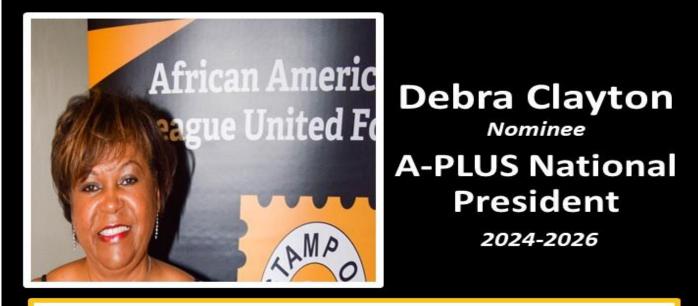
National, **Regional and Local** Officers shall assume their duties at the close of the National Convention during which installation takes place. All officers (**National, Regional & Local**), except the Administrative Vice President, shall serve for a term of two years. The Administrative Vice President shall serve for a term of three years or until a successor is elected. Any elected officer shall be eligible to succeed himself/herself in any given office.

Section 3. Vacancy in Office

In case of an UN-expired term of the President, the Executive Vice President shall fill the position. At the next regular session of the National Board, the vacant position of Executive Vice President shall be filled, based upon the President's recommendation and approval by the National Board.

Section 4. Qualifications

In order for an A-PLUS member to become a candidate for National Office, at the time of his/her candidacy, he/she shall have served as a member of postal management for at least three (3) years; be familiar with postal organization management structure; be of good character, with three (3) years demonstrated contribution to A-PLUS; be a member in good standing of A-PLUS for three (3) years and shall have attended two (2) of the last three (3) National conventions.



- As your National President, my goals will include:
- Recruiting, <u>RETAINING</u> and Reclaiming members
- Revitalizing and Chartering new Chapters
- Leveraging Relationships with USPS, Sister Organizations and Business Partners to groom leaders & increase visibility
- Continuously improving our Digital Presence
- Enthusiastically supporting the Aims & Objectives of A-PLUS
- Honoring our Legacy & embracing Change for our Future

A Proven Leader:

- Retired USPS Senior BSA and Program Manager
- A-PLUS Member, 1990 to present
- A-PLUS Eastern Director, 2014 to present
- Former Eastern Region Vice President & Parliamentarian
- Charter Member & first President, A-PLUS Triangle Chapter
- Co-Chair for 3 Eastern Region Conferences
- Served my Chapter (Triangle), the Eastern Region and the National Board with passion, dedication and diligence.

"Thank you for your support today and in the days to come!"



FORMER, CENTRAL REGION PRESIDENT FORMER, WISCONSIN CHAPTER PRESIDENT

36 years in the postal service 26 years in leadership -A/ Mgr. Strategic Learning Programs -Mgr. Statistical Programs Training & Compliance -Finance Manager, Wisconsin District -Postmaster, Pottstown, PA -Finance Manager, South Dakota -Mgr, Financial Programs & Compliance

EDD, ORGANIZATIONAL LEADERSHIP, LEARNING & INNOVATION (CANDIDATE)

MASTERS, ORGANIZATIONAL LEADERSHIP W/ SPECIALIZED HUMAN RESOURCES

BACHELORS, ORGANIZATIONAL MANAGEMENT W/ SPECIALIZED ORGANIZATION LEALDERSHIP

OPERATIONAL EXCELLENCE PRACTITIONER GREEN BELT TRAINED & CERTIFIED MONEY BELT / BENEFIT VALIDATOR

MLP Graduate

ALP Graduate

New Leadership for a better future VOTE BRENDA BLUE Doctoral Candidate

oni

THE BEST THING TO DO *is to uate* BLUE

"Empower Change, Elect Progress:" Together, We Lead the Way!"

Thank you for your support!

Brenda Blue

RE-ELECT ANGELO WIDER

A-PLUS EXECUTIVE VICE PRESIDENT

A-PLUS FOUNDER

- A-PLUS Executive Vice President
- National Sponsor Chair
- Past National President 4 terms
- 2005 Dr. Legree Daniels Heritage Award Recipient
- USPS Diversity Dot Sharpe Lifetime Achievement Award Recipient
- Retired USPS PCES Executive
- Stamp Dedications
 - Buffalo Soldiers
 - Marian Anderson
 - Ella Fitzgerald
 - Purple Heart
- Masters in Special Studies, Telecommunications & Mgmt George Washington University
- Purple Heart Veteran
- Past National Service Director at Military Order of the Purple of the Purple Heart USA
- Past Board Chair for Loudon County and State of Virginia Community Service Board

Leader, Visionary, Tried and True







I am asking for your support to elect me, <u>Jackie Purcell McCaskill</u> as the <u>A-PLUS National Parliamentarian 2024 – 2026</u>

Previous & current A-PLUS positions held:

Eastern Region Parliamentarian (9 yrs.) I've used Robert's Rules of order to govern proceedings, reviewed all submitted Amendments to the Constitution, supported the Constitution, Nomination, Election, and Connection Network Committee's.

Elected also as Eastern Region Secretary and Sargent-At-Arms

Appointed as Eastern Region Interim Treasurer, Fundraising and Sponsorship Committee.

National Constitution Committee (9 yrs.) I carefully examined all approved amendments and resolutions from approved sources. I reviewed the National Constitution & Bylaws for proposed needed changes. I made updates when the body approved changes to the National Constitution & Bylaws.

Appointed as National Connection Network, National Sponsorship, and Scholarship Committee.

<u>Triangle Chapter</u> — Elected as President, Treasurer, Secretary, Co-Chair Eastern Region Conferences

Jackie Purcell McCaskill – Proud A-PLUS member since 1990

USPS HQ Mgr Operations Integration with 37 years of Service!! Providing postal updates to A-PLUS National, Regional and Chapter Leadership and Members.

Lou Curry



Expect

National Parliamentarian Candidate

- <u>Current Member of National Association of Parliamentarians; successfully</u> <u>completed the required training and assessment/exam</u>
- <u>Current Member of The American Institute of Parliamentarians</u>
- <u>Current National Corresponding Recording Secretary (2022-2024)</u>
- <u>Current Member New Jersey Chapter</u>
- <u>Current Member National Nomination & Election Oversight Committee</u>
- In 2023 initiated 20 National Constitution & Bylaws(C&B) amendment proposals as per National Constitution & Bylaws Article IX
- November 2021 Submitted four Constitution & Bylaws amendment proposals to the National Constitution Committee. Contrary to the National C&B Article IX, three of those proposals have not yet been presented to the members/delegates for vote
- January 2021 Appointed by the National President to serve on a National Constitution & Bylaws Oversight Committee
- Appointed by National President as Northeast Region Ambassador
- In 2018 initiated the rebuild of the A-PLUS Northeast Region after nearly a decade of deactivation: In July 2021 the Northeast Region was reactivated, with three chapters
- Former Eastern Region Secretary
- Former Phila/South Jersey Chapter President

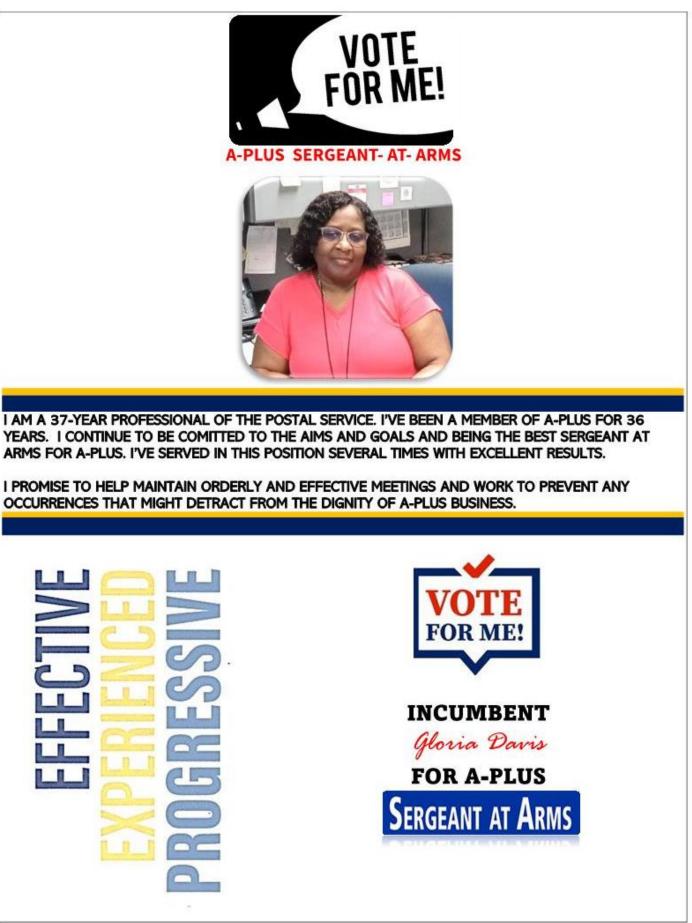
Dare to go forward together. Result • Be informed. Be empowered.





National Parliamentarian Candidate

#makingthecase



VOTE FOR BETTY COLLINS A-PLUS 2024-2026 NATIONAL RGFAN T – AT – ARN



EXTENSIVE EXPERIENCE IN USPS OPERATIONS LEADERSHIP

> TRANSFERABLE **SKILLS TO** SUCCEED AS A MEMBER OF THE A-PLUS NATIONAL BOARD



EXPERIENCED IN MAINTAINING ORDER, DECENCY, **RESPECTFUL BEHAVIOR AND COOPERATIVE** ACHIEVEMENTS

SKILLED AT COMMUNICATING PERFORMANCE, BEHAVIORAL EXPECTATIONS AND DEVELOPING TEAMS FOR SUCCESSFUL INTERACTIONS

★ COMMITTED TO THE ROLES I HAVE ACCEPTED

CURRENT SOUTHERN REGION SECRETARY

Follow Us Now

UNSUNG HERO AWARD MODIFICATION

0

Raise Your Voice 4 The Choice

Vice President of Retirees

TOGETHER WE CAN MAKE A BIG CHANGE

2024 - 2026

VOTE BRENDA FOR DUPREE For

National Vice President

Of Retirees



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RE-ELECT

CAMILLE WIDER VICE PRESIDENT OF RETIREES



LEADERSHIP
 COMMUNICATION
 DEDICATION

If Re-elected

- I will continue to support the mission and goals of A-PLUS
- I will continue to improve information sharing to retirees through effective communication channels
- I will continue to work with retirees to identify concerns and do my best to implement solutions
- I will continue to promote retiree engagement
- I will continue to network with Sponsors and Organizations to promote the success of our organization



CAMILLE WIDER VICE PRESIDENT FOR RETIREES

"For Something Higher, For Something Wider"

SAVE THE DATE

US

Join

A-PLUS 37th Annual National Convention



A

IN

Flamingo Hotel & Casino 3555 S Las Vegas Blvd, Las Vegas, NV 89109

To Reserve Room Scan QR Code or Click Link: https://book.passkey.com/go/SFAPL4 Room rate: \$79 / night (single or double occupancy) plus \$25 / night resort fee per room + taxes. May call Reservations @ 1-800-223-7277 (Group Code SFAPL4) but the hotel will add a processing fee when making reservations by phone; there is no processing fee added when making online reservations.



S AT AT IT

For Details, Contact: wandalabarre@bellsouth.net





Attend the A-PLUS 2024 National Convention at the Flamingo and enjoy the venue, the experience and the sites of Las Vegas.











Las Vegas Available Shows

For your convenience, we've listed all of the available shows within your search.

SHOWS APRIL 23-26, 2024.

- <u>Absinthe</u>\$132
- Adam London Laughternoon
 \$18
- <u>All Motown</u>\$43
- All Shook Up\$51
- <u>Atomic Saloon Show</u>\$77
- <u>Australia's Thunder From Down Under</u>\$68
- <u>Australian Bee Gees</u>\$41
- Banachek's Mind Games \$27
- Black Girl Magic \$57
- Black Magic Live
 \$65
- Blue Man Group
 \$68
- <u>Carrot Top</u>\$53
- David Copperfield
 \$89
- <u>Disco Divas</u>\$35
- DITA LAS VEGAS: A Jubilant Revue\$74
- Eddie Griffin: Live and Unleashed!\$69
- ELVIS: Spirit of the King\$54
- Frankly Frank\$38
- Gregory Popovich's Comedy Pet Theater \$29
- <u>iLuminate</u>\$56
- Jersey Boys\$85
- THE JETS 80's & 90's Experience!\$59
- <u>KÀ by Cirque du Soleil</u>\$103
- <u>King of Diamonds The Neil Diamond Tribute</u>\$38
- LA Comedy Club
 \$32
- Las Vegas Live Comedy Club
 \$34
- Late Night Magic \$41
- Mac King Comedy Magic Show
 \$31
- <u>Magic Mike Live Las Vegas</u>\$61
- Marriage Can Be Murder Dinner Show
 \$91
- Mat Franco- Magic Reinvented Nightly \$62
- <u>Menopause The Musical</u>\$56
- <u>The Mentalist</u>\$42
- Michael Jackson ONE by Cirque du Soleil
 \$104
- <u>Nathan Burton Magic Show</u>\$20
- O by Cirque du Soleil \$166







- Piano Man\$44
- <u>Piff the Magic Dragon show</u>\$66
- Puppetry of the Penis \$39
- Raiding the Rock Vault\$46
- ROUGE The Sexiest Show in Vegas! \$69
- RuPaul's Drag Race LIVE! Las Vegas \$74
- <u>The Sphere Experience</u>\$58
- <u>Spice Wannabe The Spice Girls Tribute</u>\$52
- <u>Stripper 101</u>\$59
- Terry Fator: Who's the Dummy Now\$50
- <u>Tina Turner Tribute Show What's Love Got To Do</u>\$52
- <u>V The Ultimate Variety Show</u>\$39
- VEGAS! THE SHOW \$59
- Wayne Newton: Up Close and Personal \$86
- X Burlesque Sexy Topless Revue\$71
- <u>X Country Kick'n Topless Revue</u>\$60
- Zombie Burlesque\$49











seats that let you feel every moment

the first film with its own weather

Be a participative member and help lead A-PLUS to continued growth and success



You

2024 IS ALMOST HERE

RENEW YOUR A-PLUS ANNUA MEMBERSHIP TODAY! Dues pricing is the same as last year: \$100 Active members, \$50 Associate members



Be a top recruiter and

share the news of the value of A-PLUS membership.

NEW YEAR!

GET READY FOR THE

WWW.APLUS.CC

2024 A-PLUS OFFICIAL MEMBERSH	

This form must be filled out annually. Failure to do so will impact your A-PLUS mailings.

ION

<u>ACTIVE MEMBER</u>: An active member is a career or retired PCES or EAS Postal Service Employee, who meets all financial requirements for the current year, the fee is \$100.

<u>ASSOCIATE MEMBER</u>: An associate member is a member who is a non-PCES/EAS employee and/or non-postal individual who is interested in supporting the goals of this Organization, the fee is \$50.

INITIATION FEE: A one-time initiation fee is assessed to each new member, both active and associate, and must be paid prior to becoming a member in good standing with the Organization, the fee is \$25.

PLEASE PRINT CLEARLY

NAME (Last, First, and Middle Initial) BIRTH month	
Home Address	
City and State, Zip Plus 4	
TITLE (Indicate if Retired)	
Postal Facility Address	
City and State, Zip Plus 4	
() () Home phone or cell Office Phone	
Home phone of cell Office Phone	
Personal Email Address - Do not use the Postal Service e-mail system!	
Chapter Affiliation: or Region or Region	
Provide our Sponsors with my mailing address? (Check one) Yes No Failure to check is an automatic yes!	
rovide our sponsors with my maning address: (Check one) res_ No_ randre to check is an adjoinance yes:	
Are you a new member? Yes No Are you a Retired Postal Employee? Yes No	
FOR NEW MEMBERS ONLY: Recommended by: Chapter: (APPLIES ONLY IF NEVER BEEN A MEMBER OF A-PLUS)	
TYPE OF MEMBER: Indicate amount paid and check all that applies in the block	selow:
TYPE OF MEMBER: Make checks payable to A-PLUS	
Active\$100 Associate\$ 50	
Initiation Fee\$ 25	
TOTAL ENCLOSED \$ P O Box 13211	
Wilmington, DE 19850	

A-PLUS African American Postal League United for Success!

MISSION



The mission of A-PLUS is to promote the goals of the United States Postal Service, unify and mentor African-American EAS/PCES employees and to monitor the statistical progress of minorities in hiring, promotions, separations, details and assignments while forming beneficial alliances with organizations such as the NAACP, LUNA, NETWORK, corporate sponsors, and other supporters.

AIMS OF THE ORGANIZATION

- To unify African-American and other employees into a cohesive, responsible voice of consciousness of the Postal Service.
- To mentor those African-American and other employees who demonstrate potential.
- To monitor the statistical progress of African-Americans and others in hiring, promotions, separations, details, and assignments.
- To support and assist in developmental opportunities for career and personal advancement.
- To promote the goals of the U.S. Postal Service in the efficient, economical and expeditious movement of the mail in a safe manner.
- To develop the knowledge, skills and abilities of the U.S. Postal Service's African-American and other employees through workshops, seminars and counseling.
- To foster inter and intra-communications among the members of the organization and the total postal system.
- To serve as a networking vehicle for African-Americans in the postal system.

THANK YOU For your continued a-plus MEMBERSHIP





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